

Put a
STOP
to bullying!

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OFFICE OF PREVENTION PROGRAMS
PLANTING THE SEEDS FOR A SAFE AND HEALTHY TOMORROW



Broward County Public Schools Student Support Services Office of Prevention Programs

Project Bridge Character Ed Prevention Specialist Reality Ave BLAST

WORKSHOPS

INSTRUCTIONAL
STRATEGIES/CHAMPS

HIV/AIDS

VIOLENCE
PREVENTION

SUBSTANCE ABUSE
PREVENTION

HEALTH &
WELLNESS



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No more
bullying!



Part One

BULLYING



What is it exactly?

What harm does it do?

What can we do about it, anyway?



What is Bullying?

Bullying is the
Intentional, Repeated,
Hurtful action against
someone who has
Less Power.

R - Repeated

I - Imbalance of Power

P - Purposeful



**Bullying can
happen anywhere.**



Bullying can hurt—
your body and
your feelings. It's being mean
on purpose



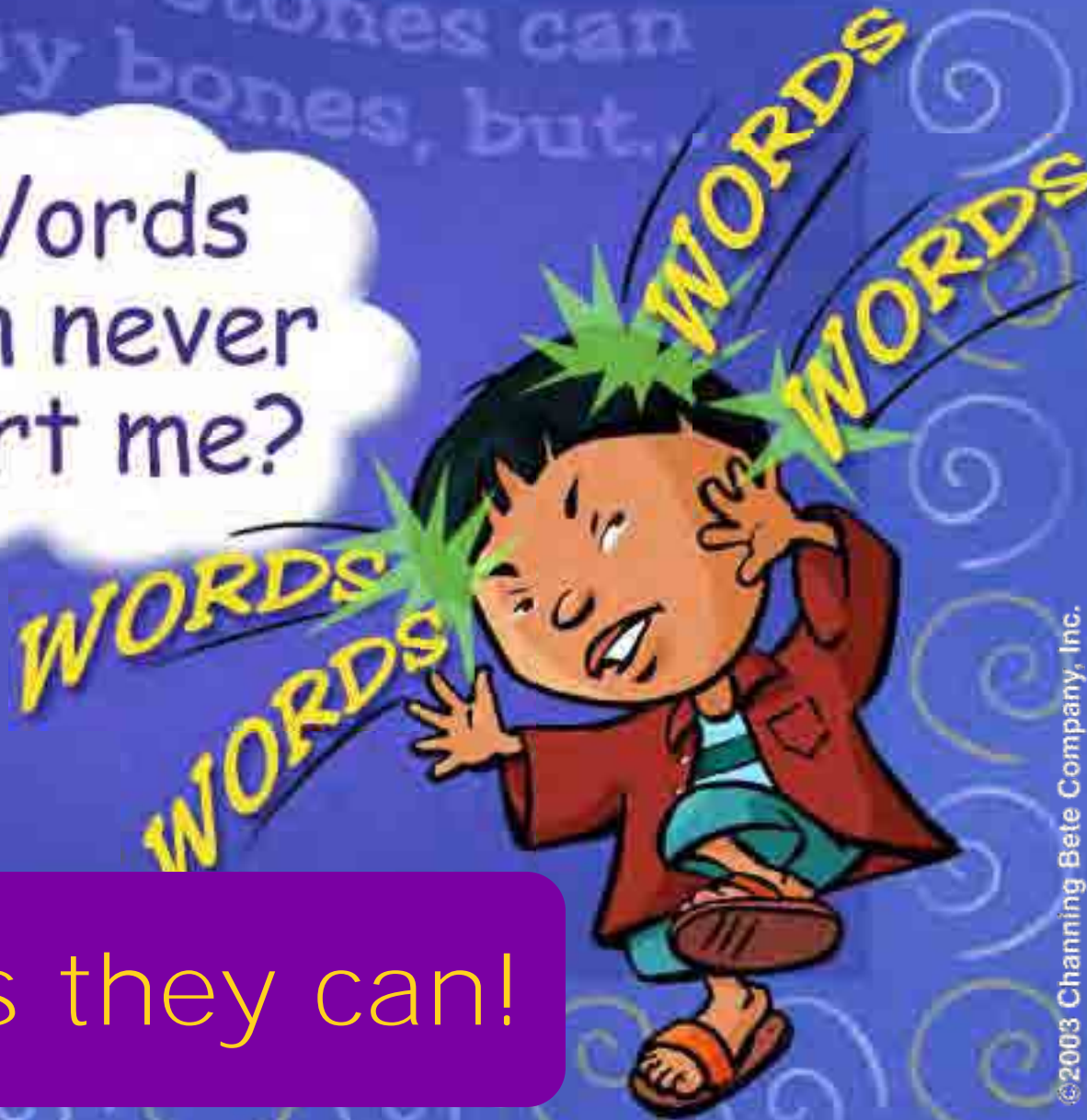
Bullying is a 3-headed Monster

- verbal
- mental
- physical



Sticks and stones can
break my bones, but,

Words
can never
hurt me?



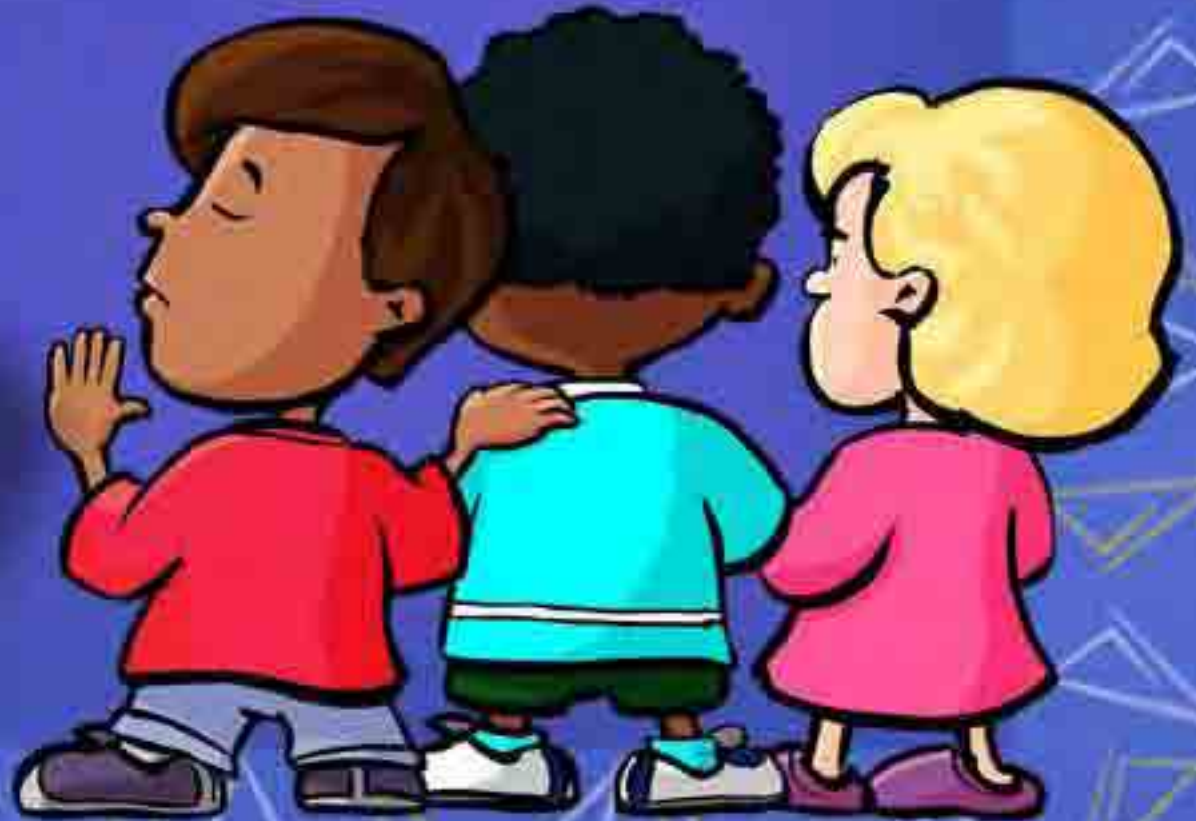
Yes they can!



**Hitting is
never OK.**



**“Keep out”
isn’t fair.**



WHO is involved?

The Bullying Triangle

- targets (victims)

- Person bullying
- bystanders



Bullying can
make kids:

sad

scared



**It can make other kids
sad and scared, too.**



Kids who bully get hurt, too.



No one deserves to be bullied.



Help STOP

bullying...

before it starts.

Act with

respect

kindness



Respect

What is
respect?



**Respect
yourself!**



Treat everyone
with respect.



Play fair.



Respect

Listen.
Wait your turn.



Kindness

What is kindness?

Let me help you.



Kindness

**Surprise people
with kindness.**



Kindness

**Put yourself in
someone else's shoes.**



Three steps to being careful.

Stop.



Kindness

Think.



Kindness

Do the
kind thing.



**You can help people feel
safe at school.**



**Telling is
not tattling.**



**GET
HELP!**



**Solve problems
peacefully.**



Safe at school

Problem?

Solved!

What if we...



**Be a friend.
Make a friend.**



Follow the rules!



**Your school
belongs to you.**



Questions?

Please contact:

Office of Prevention Programs at

www.BrowardPrevention.org

or

(754) 321-2568

