

SBBC Dating Violence Policy 5010

Student Module Training Agenda

*Note: This training, for students grades 7-12, meets the requirements of Section 1006.148, Florida Statutes, and SBBC Dating Violence Policy. Do not alter it.



I. What is dating violence and abuse?

- A. Introduction, set ground rules, agenda
- B. How do you want to be treated by others?
- C. The dating violence statistics for young people
- D. Dating violence defined, methods, cycle and progression of abuse
- E. Address the myths surrounding dating abuse
- F. Dating abuse causation as a learned behavior, gender stereotypes
- G. The short and long term damage caused by dating violence on the abused and abuser

II. What are the warning signs of dating violence and abusive behavior (unhealthy relationships)?

- A. Are you in an abuse relationship quiz – know the warning signs
- B. Warning signs of unhealthy relationships for the bystander/friend of the whether you know the abused, or the abuser

III. What can we do to prevent and stop dating violence (including SBBC Policy and community resources)?

- A. Know the characteristics of healthy relationships**
- B. Know your Teen Dating Bill of Rights and Responsibilities
- C. Know how to get help for yourself and the barriers that may be stopping you
- D. How to help a friend who is abused in a dating relationship
- E. How to help a friend who is abusing another in a dating relationship
 - i. Policy
- F. Local and National resources
- G. Be an activist for respect