

Red Ribbon Week Red Ribbon Week
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101 IDEAS FOR FUN ACTIVITIES

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OCTOBER 23 THROUGH OCTOBER 31

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Red Ribbon Week is a positive and affirming opportunity for everyone to celebrate “Drug Free” choices. This little booklet is full of ideas to inspire you to be creative with how you express your anti-drug choices to your community, friends, family, and yourself.

1. Wear something red all week

2. Plant bulbs for red flowers

3. Tie red ribbons on trees, fences, doorknobs

4. Create words and names with the letters in the phrase, "Red Ribbon"

5. Count the number of red cars you see during a car trip

6. Use red play dough to create magnets

7. Make red construction paper cards and send the "Say No to Drugs" message to friends

I'D Rather Hug Slugs than



D Taylor
Age 10

DRUGS!!!

8. Ask a local grocery store manager if you can decorate bags with drug-free messages for the store to use for customers

9. Make red Knox-blocks with Jello gelatin

10. Frost cupcakes red and share with neighbors

11. Serve red punch to neighborhood children

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12. List the red fruits
and vegetables you
can think of

13. Visit a store and count
the number of red things you see

14. Research why fire engines
and barns are red

15. Tie red balloons
in your yard

16. Create shapes with
red pipe cleaners

17. Paint little stones red
and make lady bugs

18. Use red yarn to
make pompoms for
car antennas

19. String red beads of various
shapes for a bracelet

20. Make a lunch with all red items

21. Serve red dessert to a friend and share why being "Drug Free" is the best way

22. Take a red flower to a home-bound person and tell them why you are "Drug Free"



poster by Elizabeth O., Grout Elementary

Red Ribbon Week Re

23. Look at a magazine and count the pages with red on them

24. Make large red tissue-paper flowers and give them to your parent as a pledge to stay "Drug Free"

25. Write a poem about the color red and a "Drug Free" message

26. Ask friends to count the red things they see during a day...the one with the greatest number gets a treat

27. Start a Red Ribbon Diary for your teacher; have each student write about about the Red Ribbon Celebration

28. Write with only red ink all week

29. While traveling in the car, repeat the "Drug Free" pledge at each red light and stop sign

30. As you take a piece of red candy from a container, state a drug education fact

31. Create a poster with a "Say No to Drugs" message

32. Check out and read a book about being "Drug Free"

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33. Create a survey about being "Drug Free" and ask your friends to complete the survey

34. Create a "Drug Free" bumper sticker for Red Ribbon Week

35. Give a piece of red candy to anyone who tells you a drug fact

I'D RATHER DRAW THAN DRINK
!ALCOHOL!



poster by Roxana De P., Grout Elementary

Name: Roxana
Age: 11 years old

36. Read about an athlete who is “Drug Free” and is a great role model

37. Count the number of alcohol and drug ads that you see in a week

38. Stamp the back of each person’s hand who shares your “Say No to Drugs” message

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39.

String red beads on red pipe cleaners and create fun shapes

40.

At sports events, have announcers read "Drug Free" sound bytes to the audience

41.

Invite coaches to discuss drugs, including steroids, with athletes

42.

Have a discounted admission to games for everyone wearing a red ribbon

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43. Design a special
"Drug Free" patch for
team uniforms

44. Hold a cultural festival
to exhibit all of the activities
students do instead of drugs

45. Ask libraries to
distribute a red ribbon
when books are checked out

on Week Red Ribbon Week Red Ribbon Week Red

46. Research the life of Enrique Camarena (the DEA agent killed by drug traffickers in Mexico in 1985)

47. Print Red Ribbon "Drug-Free" pledges in a student newspaper or publication

48. Challenge school clubs to pledge a certain amount of money to their school's drug-prevention program

49. Sponsor a "Drug Free" dance-a-thon for "Drug Free" pledges

50. Have students form a circle around the school and hold a red ribbon. Then, have each person say why they are "Drug Free."

51. Organize the same activity on a larger scale by inviting the community to encircle a city building

52. Add a red ribbon to your Halloween costume

53. Sponsor and/or promote a "Drug Free" Halloween party

54. Have students create spooky, "Drug Free" messages (Drugs are Scary!)

55. Organize a Fun Run, with pledges being "Drug Free" rather than monetary

56. Ask local car dealers to tie red ribbons on cars and donate money for each car sold with a ribbon

57. Have student government representatives plan a school rally to promote "Drug Free" lifestyles

58. Create Red Ribbon banners for school fences

59. Have a Red Ribbon poem or essay contest with a red prize

60. Join Oregon Youth Soccer Association and bring the "Drug Free" message to weekend sports games

61. Have a red balloon bouquet greeting visitors at your school

62. Encourage students to wear a red ribbon every day. Have a drawing for donated prizes for those who participate.

I'd rather hug a bear
Than
alcohol
drink



HUG
ME I'M
DRUG
FREE!

IF
I DRINK
alcohol
I would
Smeell



Kari Age 9

poster by Kari N., Grout Elementary

Red Ribbon Week

63. Have students bring their favorite stuffed animal to school, "Hugs Not Drugs"

64. Have classes write and sign pledges and present them to the principal

65. Create a "Drug Free" color sheet and host a coloring contest

66. Decorate trash cans with "Drugs are Garbage" signs

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Red Ribbon

67. Write a Red Ribbon play using Clifford the Red Dog as the main character

68. Distribute red suckers with the message, "Lick Drug and Alcohol Problems"

69. Have the principal announce daily "Say No to Drugs" messages over the intercom

70. Have Crazy Sock Day,
"Sock It to Drugs"

71. Have Boot Day,
"Give Drugs the Boot"

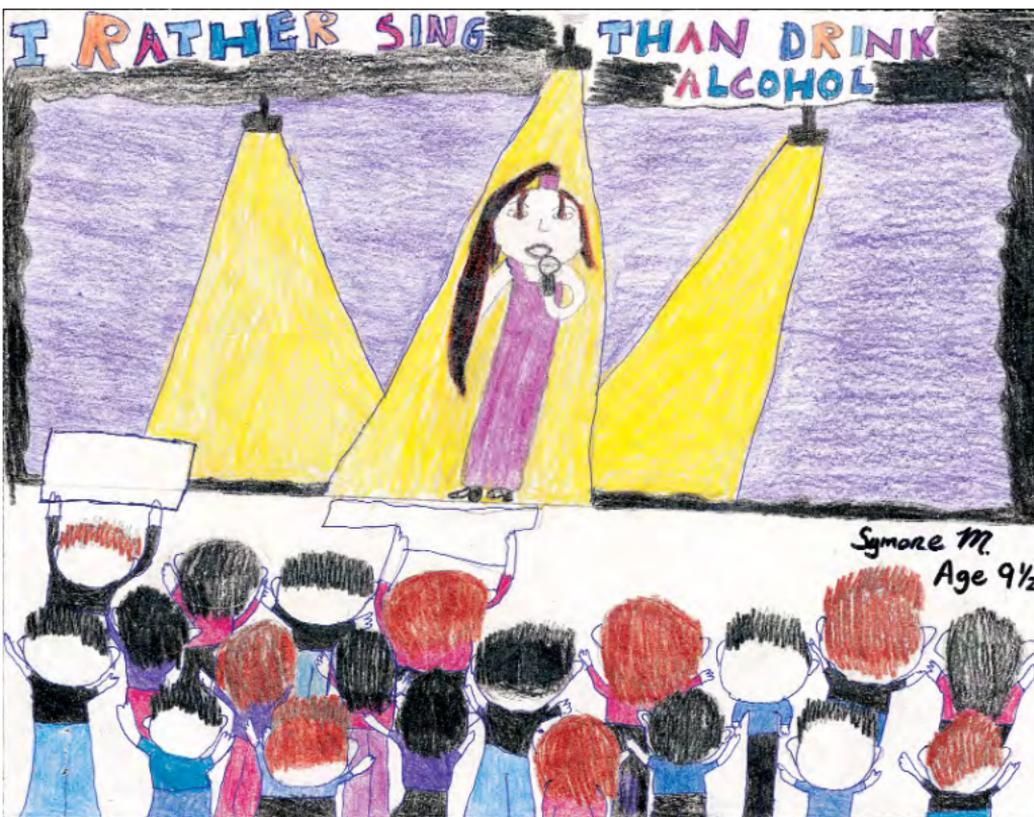
72. Wear headbands,
"Band Together Against Drugs"

73. Have a Red Hat Day,
"Use Your Head, Don't Do Drugs"

74. Wear clothes backwards,
"Turn Your Back on Drugs"

75. Wear clothes inside out,
"Don't Let Drugs
Turn Your Life Inside Out"

76. Ask merchants if you can
post a handmade
"Say No to Drugs" sign



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poster by Symone, Grout Elementary

77. Circulate a "Say No to Drugs" pledge sheet, give prizes to the person with the most signatures

78. Decorate red, plastic plates with "Say No to Drugs" messages and fill with cookies to give to neighbors

79. Fill clear, plastic cups with red candy and cover with plastic wrap and give to neighbors

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Red Ribb

80. Give out red apples with "Say No to Drugs" messages attached

81. Create artwork using red buttons, pieces of red straws, and a variety of other red items

82. Create red placemats for Red Ribbon Week, and discuss drug-education topics at dinner

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83. Write a pen pal and ask how they are taught to "Say No to Drugs"

84. Visit a Web site about drug education and list facts you learn

85. Read "The Red Ribbon – Story of Hope" storybook and discuss it with friends

86. Make a red bookmark with a "Say No to Drugs" message

87. Tie red ribbons to trees in your front yard and share with neighbors what they mean

88. Create your own fender sticker for your bike

89. Collect red leaves from trees and display them in a red box with holes poked out for the stems

90. Using red sticker dots, create your own "Say No to Drugs" sign

91. Use red masking tape to make red frames on your "Say No to Drugs" pictures

92. Make a red paper flag with a "Say No to Drugs" message to hang in the classroom

93. Make a link chain
with red
construction paper

94. With red felt fabric,
make a circle
badge to wear for
Red Ribbon Week

95. Organize a Red Ribbon
popcorn party with red napkins
and red punch

I'd rather play
SOCCER
than drink alcohol!



96. Put drug-education facts on pieces of red paper and have students draw a fact a day to share

97. Have a red journal to collect signatures of those who pledge to stay "Drug Free"

98. Use red clothes pins and yarn to hang "Say No to Drugs" pictures on walls

on Week Red Ribbon Week Red Ribbon Week

99. Hold a spaghetti dinner to raise money for your school's Drug Awareness Education program

100. Use a red stuffed animal to tell a "Say No to Drugs" story to younger children

101. On red construction paper, have each student create a "quilt square." Hang the quilt in the hall or cafeteria.

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