

Monday	Tuesday	Wednesday	Thursday	Friday
2013 Theme:	1 A Healthy Me is Drug Free!	2	3	4
7 If you would like to become a Red Ribbon Certified School go to: www.redribbonschools.org	8 TUNE-OUT Drugs! & TUNE INTO OUR WEB-SITE www.browardprevention.org Click on "RED RIBBON" to find activities for ALL grade levels	9 Life is a Journey, Travel Drug FREE! Challenge your 'Driving Skills' with an interactive driving game. Put handi-wipes on cars in the school parking lot, make a sign TO WIPE OUT DRUGS!	10 DO THE MATH DRUGS DON'T ADD UP	11 Understand the importance of Driving "Above the Influence" go to www.ATI.org
14 RESPECT YOURSELF, RESPECT YOUR HEALTH Check out a "healthy" lesson go to: healthteacher.com Read the article about e-cigarettes	15 Create RR decorations for local businesses (Publix, Banks, YMCA, Malls Police/Fire Stations)	16 LIFE IS WHAT YOU MAKE IT! MAKE IT DRUG FREE!	17 Ask the students to create a drug-free cheer to share with the entire school	18 Read the History of Red Ribbon Week to your class
21 STOMP OUT DRUGS! Students can trace their foot, write a drug free message, and display on the bulletin board.	22 RED RIBBON KICK-OFF! Go to: browardprevention.org Morning Announcements Ideas! Students can script their own announcements	23 EmpowerED 2B Drug Free! BELIEVE, ACHIEVE & SUCCEED TO BE DRUG FREE! <u>WEAR RED DAY</u>	24 Early Release Find these activities on browardprevention.org Play "Simon Says" ...no to smoking Grades K-2 Tobacco Facts Trivia Grades 3-5 Substance Abuse Jeopardy Grades 5-12 Video Conference Underage Drinking Grades 6-12 10:00-10:45 Jennifer Mossadeghi From MADD	25 T. Planning No School
29 TAKE THE PLEDGE TO BE DRUG-FREE, DO IT TODAY!	30 BE ALL THAT YOU CAN BE... BE DRUG FREE	Halloween! 31 Log onto www.TheCoolSpot.gov For Peer Pressure Bag of Tricks		

HEALTHY ME is Drug Free!

