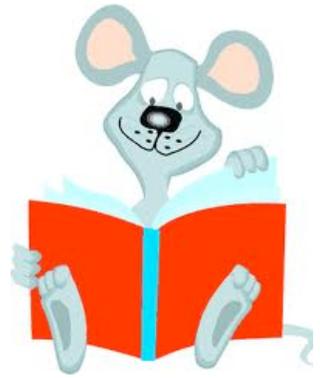


School Board of Broward County



Substance Abuse Reading Resources For Elementary Students

The Berenstain Bears Trick or Treat

By Jan and Stan Berenstain. The scouts learn safety tips and the importance of judging by appearances.

Five Little Pumpkins

By Dan Yaccarino

The Berenstain Bear Scouts and the Sinister Smoke Ring

By Jan and Stan Berenstain, Scholastic Inc. 1997. The Bear Scouts help brother bear learn the facts about smoking.

Smoking Stinks! By Kim Gosselin, Jay Lo Books, 1998.

Maddie invites her grandfather, a long time smoker, to tell her class at school why they never should begin smoking.

George's Marvelous Medicine By Roald Dahl, 1998.

George decides that his grumpy, selfish old grandmother must be a witch and concocts some marvelous medicine to take care of her.

The 7 Habits of Happy Kids By Sean Covey, 2008

From learning how to take charge of their own lives to discovering how balance is best, the Seven Oaks friends have tons of adventures and find out how each and every kid can be a happy kid!

The Dragon Who Lives At Our House: A Story About Substance Abuse (fresh fables) by Elaine Mitchell Palamore and Norris Hal, 2011. When Al first came home with Dad, he was harmless and fun, but it soon became apparent what seemed like fun could quickly get out of control.
www.freshfables.com

The Addiction Monster and the Square Cat by Sheryl Letgus McGinnis, 2009. Take it from the square cat, drugs make you unhappy and they make everybody that loves you unhappy too. This book is a good lesson for a youngster to stand up to SAY NO.

An Elephant in the Living Room The Children's Book by Jill M. Hastings and Marion H. Typpo, 1994. Living in a family where drinking is a problem is a lot like living with an elephant in the living room. This is a way to begin talking about things that are hard to talk about.

No Thanks, But I'd love to Dance: Choosing to Live Smoke Free by Jack Reimer, 2010. Conveying a positive, nonjudgmental message to children, this tale provides techniques for empowering them to refuse offers of tobacco in pursuit of a healthy, active lifestyle. Belle, an exuberant six-year-old, and her beloved Grandma Bee share a great love for dancing. As a result of tobacco use earlier in her life, Grandma Bee must now use an oxygen tank to assist in her breathing. Observant Belle, who cannot imagine life without dancing, consciously makes the lifelong choice to dance instead of smoke.