



## **Broward County Public Schools**



### **Know the Facts...Grade 3-5**

**This game can be played in teams or whole group.**

**Teachers or students read the question or statement.**

**Responses may be oral or written.**

1. \_\_\_\_\_ makes up most of the smoke from a cigarette.
2. Tar in \_\_\_\_\_ can cause cancer.
3. Nicotine in cigarettes can cause the smoker to become \_\_\_\_\_.
4. Tobacco and its smoke contain more than \_\_\_\_\_ chemicals.
5. More than \_\_\_\_\_ of these substances are poisons.
6. Smokeless tobacco is not harmful. True or False
7. Smoking causes lung cancer. True or False
8. It's hard to play sports if you use tobacco. True or False
9. At what age is it legal to buy cigarettes?
10. Your lungs are about the size of a \_\_\_\_\_.
11. Why is one lung smaller than the other?
12. What can you say if a friend wants you to try to steal a cigarette?
13. Once the body gets some, it craves more of this.
14. People who use this product can get cancer on the lips, tongue, and gums.
15. \_\_\_\_\_ comes from a plant.

## Answer Key

### 1. Secondhand smoke

**Secondhand smoke causes 3000 nonsmokers to die from lung cancer every year. Approximately 40,000 die from heart disease.**

### 2. Cigarettes

**Tar is a gooey substance that sticks to the lungs, damaging the air sacs that help us breathe.**

### 3. Addicted

**After smoking only one cigarette a person can become addicted to the nicotine.**

### 4. 4,000

**A few of the chemicals you will recognize are: acetone in nail polish, ammonia in toilet cleaner, methane that is gas/cow flatulence.**

### 5. 400

**A few of the cancer causing agents are: aluminum, copper, mercury, zinc lead, magnesium, nickel, and more.**

### 6. False

**Smokeless tobacco can cause gum disease, and cause bleeding in the mouth, stain teeth... At least 28 chemicals in smokeless tobacco can cause cancer.**

### 7. True

**Smoking can cause lung cancer, 80% of lung cancer patients die.**

### 8. True

**The tiny particles in tobacco smoke irritate nasal passages, and damage the air sacs (alveoli) in the lungs making it hard to breathe.**

### 9. At age 18 it is legal to purchase cigarettes.

### 10. A football

**You have two lungs, one is slightly smaller than the other.**

### 11. One lung is smaller to make room for the heart.

**That's against the law, my parents won't like it, smoking is bad for you, let's do something else.**

### 13. Nicotine

**Just one drop of pure nicotine on the tongue can kill a person.**

### 14. Smokeless tobacco can cause cancer of the lips, mouth, & tongue.

**15. Tobacco It is grown in warm climates all over the world. In the U.S. most tobacco is grown in Virginia, Kentucky and central Tennessee.**